

Executive Coaching



Give yourself the opportunity to be heard. Learn how to look more deeply and honestly within your mind and connect to the knowledge that is already there. Become the leader you were meant to be.

Approach

Executive Coaching creates a space for the CEO to think intentionally about their organization and how they are leading it. Experience the depth of your own knowledge, guiding the team and yourself toward a brighter future.

Duration: 3 to 6 months

Key Take-Aways

- Unleash your potential as a leader
- Develop skills to effectively lead even in times of change and chaos
- Gain new perspectives to solving repeating problems
- Get better results more efficiently

Contact Us

- Email: info@higol.co
- Phone: 919-972-8574



“Teri showed me how to connect my mind and my body and reach within to find confidence to succeed.”

– Erika Lipkin, Lipkin CPA, PLLC