

# Team Alignment



A strong unified team creates impact well beyond any individual.

## Approach

The main obstacle to cooperation is believing that your feelings and opinions are more important than anyone's. Everybody thinks this way! Find common ground in the vision and desired results of the company and dissolve the silos that keep organizations stuck. Customized on-line and in-person training gives you and your team the skills needed to work together effectively.

**Duration: 1 to 3 months**

---

## Key Take-Aways

- Teams learn how to transform stress and stop burn-out.
- Discover the beauty and strength of healthy communication.
- Build the structures for increased cooperation across the team.

## Contact Us

- Email: [info@higol.co](mailto:info@higol.co)
- Phone: 919-972-8574



---

“Working with Teri, we became a stronger more cohesive team.”  
– Dr. Brent Newman, Grundy County Housing Authority

---